

issue 4 • january 2010

aspire

age
sector
platform

speaking from experience

Join Our Election Campaign!



Also inside this edition...

'Have Your Say' update

Review of
Commissioner events

Campaigning Matters:
Launch of 'Safer Ageing'

Member Spotlight:
ICTU Retired Workers

Message from the Chair

Firstly I would like to wish you all a Happy New Year!

This year is expected to be an important one politically. With a general election on the horizon, I am very encouraged by the creation of the Pensioners' Manifesto, which you can read about on pages 10-11.

Inside this edition we also have a report from the 'Have Your Say' members' event in November 2009, details on the launch of 'Safer Ageing' - the new community safety strategy for older people, and news on some current consultations.

I would like to finish by welcoming two new members – ALLY Foyle and the regional Executive of U3A (NI). I'm certain both groups will bring a wealth of experience to the Platform.

I hope you enjoy this edition!



Members have their say!

Ongoing concerns about energy prices, the need for a powerful Older People's Commissioner and the creation of a pensioners' manifesto for the next general election were just some of the issues highlighted at Age Sector Platform's 'Have Your Say' event in November 2009.

The membership event, which set out to review the campaign priorities for the organisation, was attended by around 70 representatives of older people's forums; and provided the opportunity for members to direct the Platform in its campaigning efforts over the next year.

Bill Carson, Chair of Age Sector Platform, commented: "This event was a chance for older people to have their say. Since our official launch in November 2008, our campaigning efforts have achieved some success; but during the next year we must ensure that issues of concern to older people must be moved even further up the political agenda. Older people have a wealth of experience and expertise; it's important that Government and policy makers tap into this resource when developing policy and services for older people."

Mr Carson continued: "The need for a powerful Older People's Commissioner is one of the most important issues for older people at the moment. Our members are clear - the Commissioner needs to have the necessary powers to act on the issues that matter to them. As some of our older people have stated again and again, we need a Commissioner with teeth – not false teeth!"

Cover Photo:

Members of Age Sector Platform supporting the newly drafted pensioners' manifesto for the next general election.



See pages 10-11 for more details.



Bill Carson

Francis Hughes, who spoke at the event, said: “Concerns about the cost of living for older people have not gone away. With 873 older people dying from the cold during last winter alone, more needs to be done to ensure that the older population can heat their homes adequately. This shocking statistic, emphasises the need for the introduction of social tariffs in Northern Ireland. The introduction of these tariffs would ensure that the most vulnerable are protected from high energy bills, and would help tackle the widespread problem of fuel poverty in Northern Ireland.”



Francis Hughes updates the membership on the ‘Can’t Heat or Eat’ campaign at the ‘Have Your Say’ event in November 2009

During the event, Age Sector Platform members were updated on on-going areas of work including transport, health and community safety. In addition, members received information on campaigns such as ‘Can’t Heat or Eat’, the ‘We Agree’ campaign for a powerful Older People’s Commissioner and the upcoming ‘Pensioners’ Manifesto’ campaign. Following these updates, they were encouraged to discuss in groups the issues which they felt were most important; whilst identifying any new areas that needed to be highlighted.

As part of Age Sector Platform’s campaigns review, all members were asked to complete a questionnaire which invited them to rank twelve campaign areas in order of importance to them. The results from this survey and the discussions which took place during ‘Have Your Say’ will help to direct the Platform in its campaigning efforts during the next twelve months.

Many thanks to everyone who attended the event; your input was invaluable!



One of the groups deep in discussion at the ‘Have Your Say’ event

High Turnout at Commissioner events

Over 400 people attended nine consultation events held across Northern Ireland in November 2009 to seek the opinions of the public on what powers and duties the Older People's Commissioner should have, when established. The high turnout illustrates the importance that older people place on getting the remit and powers of the Commissioner right.

The events were held in Derry/L'derry, Cookstown, Ballymena, Newtownards, Enniskillen, Portadown, Newry and two in Belfast. Over 410 people attended the events with the largest events held in Belfast with 135 attendees and the Enniskillen event, attended by approximately 80 people. A representative from OFMdfM's Commissioner for Older People Bill Team said: "The level of engagement and participation by older people at the events was encouraging."

Age Sector Platform would like to thank all those who made the effort to attend any of the consultation events. In addition, all those who submitted a written response are to be commended, as both these written responses and the discussions held during the consultation events are currently being reviewed by OFMdfM following the consultation closing date of Thursday 7 January 2010.

Following the consultation results being published, the powers and duties of the Older People's Commissioner will be debated in the Assembly. Age Sector Platform and Age Concern Help the Aged NI (under the 'We Agree' campaign) will be continuously working to ensure that MLAs are aware of our campaign, but they also need to hear from you - the voters! We need to ensure that a powerful Older People's Commissioner is high on their agenda by the time the debate

reaches the Assembly. You can help us to achieve this by writing a simple letter to your local MLA to tell them what you want!

If you or your group would like more information on the 'We Agree' campaign and how you can get involved, please contact the Platform on 028 9031 2089 for copies of the campaign magazine.



Dame Joan Harbison speaks to some of the people attending the consultation event in the Guildhall, Derry/Londonderry on Monday 16 November 2009

All Ireland Inspirational Life Award

We are living in an ageing society, with one million people aged 60 and over now living on the island of Ireland. An ageing population is one of the success stories of modern society. The All Ireland Inspirational Life Award will highlight the opportunities for active and inspirational living in later years.

The All Ireland Inspirational Life Award will:

- Highlight the campaign against ageism.
- Promote the rights of older people.
- Encourage the development of an all Ireland positive ageing and anti-ageism campaign and help strengthen links between N.Ireland and the Republic of Ireland.

The Awards

Awards will be presented in February, May and September 2010 followed by an Annual Event to recognise the achievements of all Award winners. The next two closing dates for nominations are 30th April and 31st August 2010.

Awards will be presented in the following three categories:

- | | |
|--------------|--|
| 1st Category | A man or woman, aged 55 and over, who is an outstanding role model of an active and inspirational life in later years. |
| 2nd Category | A man or woman who has provided inspirational leadership in engaging older people in leading active and fulfilling lives. |
| 3rd Category | An organisation in the private, community or public sector which has shown leadership to end discrimination on age grounds or taken initiatives to engage older people in leading active and fulfilling lives. |

If you would like to nominate an individual or organisation, visit www.irishtimes.com/events/inspirational to download an entry form and see terms and conditions. Alternatively you can phone 028 9024 5729 to request an entry form to be posted out to you.

Entry forms must be returned to All Ireland Inspirational Life Award, c/o Age Concern Help the Aged NI, 3 Lower Crescent, Belfast, BT7 1NR.



*Sponsored by BT,
The Irish Times, Vodafone
and Tyrone Crystal.*

Dial a Lift - a transport solution for rural areas

What is Dial a Lift?

A door to door service for individuals living in rural areas who are unable or find it difficult to use public transport. It can be used for a variety of purposes including shopping, trips to doctor and health centre appointments, hairdressers, pharmacy and post office. You can also use the service to access training or recreational opportunities or to visit friends or family.



Who can use these services?

To qualify for Dial a Lift you must meet the following criteria:

- Live in a rural area i.e. an area not covered by the Urban Door-to-Door scheme.
- Have difficulty accessing everyday services due to lack of transport.

Do I need to register with Dial a Lift?

Yes, you must be resident in the operating area and be a member of your local community transport. Dial 0845 650 1190 from a landline to be connected to your nearest provider.

How much will it cost to travel?

Fares are charged based on the distance traveled. A copy of the Dial a Lift fare schedule for your area is available from your local rural community transport provider 0845 650 1190.

Please note: Smart Pass holders can avail of the Assisted Rural Travel Scheme (see below).

When is the service available?

The Dial a Lift service is available Monday to Friday, 8am – 6pm.

What is the Assisted Rural Travel Scheme (ARTs)?

The Assisted Rural Travel scheme allows individual passengers with a current Smart Pass to travel free or for half fare on Dial a Lift service operated by the Rural Community Transport network funded by the DRD's Rural Transport fund.

Free travel is offered to people holding the following types of Smart Pass:

- 60+ SmartPass for free travel in NI only.
- 65+ SmartPass for free travel across the whole island of Ireland.
- Smartpass for people who are blind free travel across whole island of Ireland.
- Smartpass War disablement.

Half fare concession is offered to people holding the Disabled Person's Smart Pass.

Political Party Conferences

Pictured at the Ulster Unionist Party (UUP) conference on Saturday 24 October 2009 are L-R: Ivan Baxter, ASP member, Reg Empey, leader of the UUP and William Hague, Conservative MP.



Pictured at the Democratic Unionist Party (DUP) conference on Saturday 21 November 2009 are L-R: Margaret Galloway, ASP member, Michele Smyth, 'We Agree' Project Leader and Peter Robinson, leader of the DUP.

Age Sector Platform will also be present at the Alliance Party conference at the end of January 2010 and the Social Democratic and Labour Party (SDLP) conference in February 2010.

'Safer Ageing' Strategy Launched

Age Sector Platform has welcomed the launch of a new, dedicated community safety strategy for older people. The strategy was launched by the NIO Minister Paul Goggins MP to a packed room of older people in Belfast during November 2009.

Michael Monaghan, who was part of the working group involved in developing the 'Safer Ageing' strategy, said: "Older people have been calling for a dedicated strategy to reduce the level of crime and fear of crime among our older citizens for some time and we are pleased that our voice has now been heard and acted upon. Older people will be at the heart of this strategy and will have a stronger say on what they require to be safe and feel safe in their home and wider community."



Minister Paul Goggins pictured at the launch of 'Safer Ageing' with representatives from Age Sector Platform, the PSNI, NI Policing Board and the Older People's Advocate

"Thankfully, most older people do not become victims of crime; but the sickening attacks during the last six months have highlighted once again the need for a greater focus on the issue. Being the victim of crime in your later years, regardless of the severity, is a frightening and unsettling experience. For many older people it can lead to poor mental and physical health, increased social isolation and serve as a real barrier to remaining a full and active member of society."

"Age Sector Platform has always supported the older person's right to live free from fear of crime within their home and community and this strategy marks a major step forward in addressing this important issue. We welcome the commitment that older people will be at the heart of the 'Safer Ageing' strategy and will have a key role in monitoring progress against its aims."

Mr Monaghan continued: “We all can play a role in tackling this issue. Many older people can help themselves by taking a number of simple and practical steps in securing their home. Society at large can also help tackle this problem by looking out for their older neighbours and government can ensure that the appropriate resources and energy are put into tackling this problem.”

“This strategy is not the end but rather marks the beginning of an enhanced programme of work and older people and their representatives are ready to play their part in tackling this scourge in our society. Age Sector Platform will continue to work on behalf of older people to ensure that the strategy lives up to its name – it must work to ensure that older people can live a full and active life safely and without fear.”

Advice from the PSNI on Bogus Callers

If you get an unexpected knock at your door you should follow this advice:

- Think before you open the door - use your chain and spy hole or look out of the window to see if you recognise them.
- Ask callers for proof of identity. Genuine tradesmen should carry a photographic identification card. Check this carefully. If you are unsure, telephone ‘Quick Check’ on 0800 013 22 90 where an operator can tell you if the person is genuine.
- Beware of callers who attempt to distract you by claiming that they have seen something untoward in your rear garden or somewhere that may encourage you to leave your house - they may have an accomplice who is waiting to act upon this distraction.
- If you are not convinced of the identity of the caller, don’t let them in. Ask the caller to come back later and arrange for a friend, relative or neighbour to be present on their return.
- If someone phones and requests your details, don’t disclose them. Instead ask the caller for their details and tell them you will phone them back. When you hang up, report the matter to the police.

A Pensioners' Manifesto

The next general election is expected to take place in May 2010. In preparation for this, Age Sector Platform has been involved in developing a pensioners' manifesto in partnership with the National Pensioners Convention (NI), Irish Congress of Trade Unions (NI) and Age Concern Help the Aged NI.

Ivan Baxter, a member of the Pensioners' Manifesto Group, explains how the manifesto will allow older people to start holding their political representatives to account. He commented: "Our pensioners' manifesto lays out, in no uncertain terms, the needs and demands of the older population in Northern Ireland. It is then the duty of our local candidates to consider these demands when standing for election as MPs to Westminster this year. With the backing of such respected organisations, we will ensure that our politicians know what we need from them."

"It is now up to older people in Northern Ireland to do their bit to support the manifesto and to inform their local candidates seeking election of the needs of older people. Consequently, we hope that politicians will see the merit in what we are asking for and adopt some of our points into their own election manifestos."



"This campaign will only be successful if we have the full support and assistance of the older population in Northern Ireland. We must stand together to ensure our political representatives are aware of our needs and are pushed to work effectively on our behalf."

Campaigning Together



Age Concern Help the Aged NI



A Pensioners' Manifesto

A manifesto for pensioners in Northern Ireland for the next Westminster Election

All men and women shall be entitled to dignity, security, and fulfilment in retirement.

We therefore demand that politicians should:

1. Commit to the eradication of pensioner poverty by:
 - Increasing the basic state pension, paid alongside other existing entitlements to provide some financial security for all.
 - Restoring the link with the higher of earnings or prices.
 - Bringing forward the automatic payments of benefits.
2. Increase the winter fuel grant to reflect the high energy prices and introduce a system to review the amount each year in relation to energy costs.
3. Provide improved access to quality social and long-term care to maintain dignity in advanced years.
4. End unfair discrimination where it adversely affects the opportunities, goods and services available to older people.

What you can do to support the pensioners' manifesto...

- Sign our online petition at www.ipetitions.com/petition/nipensionersmanifesto/
- Meet with or write to your local candidates telling them about the pensioners' manifesto and your support for it.
- Contact your local newspaper to inform them about the pensioners' manifesto
- If you are canvassed by a politician or someone representing them, tell them you are in support of the pensioners' manifesto and if possible give them a copy!
- Contact Age Sector Platform to request copies of the pensioners' manifesto to distribute amongst your group members and friends.

Member Spotlight

ICTU Retired Workers

The Retired Workers' Committee of the ICTU is a vibrant and vital part of the trade union movement in Northern Ireland and an active participant in the debates on the place of pensions in our society.

Many members of the ICTU RWC are also active in the Age Sector Platform, the Pensioners' Parliament and the National Pensioners' Convention. The committee is chaired by Margaret Galloway, who will be no stranger to many age activists locally and nationally.

Margaret is still an active member of the PCS (Public & Commercial Services) trade union, and has been

active in trade unions all of her working life – and indeed, her retired life. Many members of the ICTU RWC share a similar background of trade union activity, which amounts to decades of collective experience in negotiation, arbitration, education, agitation and when necessary, industrial action.

But just as important as those fine attributes, the members of the ICTU RWC are also the carriers of other important union traditions. They do not easily fall into the trap of seeing themselves as more or less important to people of a younger generation, just as they recognise the importance of each worker and citizen, regardless of their rank, social class, gender, race, religion or employment status. They are the bearers of the banners of the trade union movement which extol equality and solidarity as necessary to the functioning of a decent society.

The RWC is a fully constituted part of the ICTU. It meets every two months and its members are nominated by the ICTU's affiliated trade unions (two per union). Recently, the RWC has won the right to have a distinct motion entered to the policy making conference which Congress hosts on alternate years. The motion will be entered in the name of the NI Committee for the NI conference and by the ICTU Executive Council for the all-Ireland Biennial Delegate Conference. The conference will then be addressed by a representative of the RWC. Only the ICTU Women's Committee has a similar right.

At present, the ICTU RWC is involved in a major campaign to fight pensioner poverty and it believes that the best single innovation which would improve the lives of every older person is an increase in the state pension to above the government's poverty line.



Francis Hughes and Margaret Galloway, who represent ICTU Retired Workers on Age Sector Platform

Member Spotlight

Last September, the ICTU RWC organised a seminar which was addressed by several experts and campaigners from Northern Ireland, the Republic of Ireland and London. Over 50 attended, mostly members of the retired members sections of trade unions.

Neil Duncan-Jordan of the National Pensioners' Convention told the audience about the NPC's campaigns for older people across the UK, while the achievements made by pensioners in the Republic were outlined by Sylvia Meehan, as well as Seamus Lynch of Age Concern Help the Aged NI, Dan Sweeney of the Equality Commission, Bill Carson from Age Sector Platform and Michael O'Halloran of the ICTU RWC in Republic of Ireland.

The trade union movement was represented by Peter Bunting, Assistant General Secretary of the ICTU, who told those present that: "The best defence against pensioner poverty is a universal state pension, set above the poverty line, financed by a progressive taxation system. Exactly what is available across western Europe. Precisely what is justified by every development we hear about the real situation affecting pensioners, pension funds and the future of the concept of a dignified retirement."

Further detail was added by Margaret Galloway, chair of the NIC-ICTU Retired Workers' Committee. "It is a disgrace that the UK pension is one of the worst in Europe despite the UK being one of the wealthiest countries in the EU. The current pension is £95 per week. If the link with earnings had never been broken it would now be £190 per week. The government's own figure for the current poverty level is £165 per week, how then can £95 be justified?"



Alan Maloney, PCS Pensions Officer, presents Jack Campbell, Francis Hughes and Margaret Galloway with badges to reward in excess of 25 years Union service.

**Many thanks to
John O'Farrell
Communications Officer
for the Northern Ireland
Committee of the ICTU
for providing this article**

Ivan's on Twitter!

One Age Sector Platform member has embraced the new decade by being the first member to join the social blogging website Twitter, in order to share his views on pensioners' issues with the public.

Ivan Baxter has been 'tweeting' his views for the past few months on issues such as the pensioners' manifesto, community safety and documenting his attendance at older people's events. Ivan also has a keen interest in rambling, and so enjoys detailing his walking adventures, as a means of promoting active living in later life!

Primarily, Twitter allows Ivan to share his views on pensioners' issues as well as publicising campaigns that he feels are important. When asked why he joined Twitter, he said:

"I decided to join Twitter because it is important that pensioners use modern technology to get their message across. Many NI politicians and political parties are on Twitter, and therefore it gives us as older people another means of communicating with our political representatives."

"I visit Age Sector Platform's Twitter page quite regularly, to ensure I am up-to-date with its campaigning efforts and to find details on how I can get involved. I would recommend having a look for yourself!"



Ivan's Twitter page is www.twitter.com/ancientrambler

Age Sector Platform's Twitter page is www.twitter.com/aspni

Policy Proposals for Rapid Transit

In order to provide the necessary powers for the implementation of bus based Rapid Transit in Belfast, the Department for Regional Development proposes to introduce new primary legislation. As part of this, the Department is seeking views on the Rapid Transport policy proposals.

The exact details of the operation of the Belfast Rapid Transit system (including routes, stops, ticketing, accessibility etc) have yet to be finalised and will form the basis of a separate consultation which will be held in the future.

The consultation on the Rapid Transit policy proposals will close at 5pm on Friday 19 February 2010. The consultation documents can be found at www.drdni.gov.uk/index/rapid-transit/policyproposalsforrapidtransit, by telephoning 028 9054 0273 or emailing brt@drdni.gov.uk.

Draft Palliative and End of Life Care Strategy

Following Age Sector Platform's involvement in consultations conducted by the General Medical Council last year into End of Life care, members may be interested in the above consultation from the Department of Health, Social Services and Public Safety on a related strategy.

It is intended that the strategy will provide a policy framework and best practice guidelines for the planning and delivery of palliative and end of life care across the public, independent, community and voluntary sectors.

The consultation document and response questionnaire are available online at www.dhsspsni.gov.uk/index/consultations/current_consultations by telephoning 028 9052 0248 or emailing primcaredev@dhsspsni.gov.uk. The deadline for responses is Friday 19 February 2010.

A Bill of Rights for Northern Ireland

The Secretary of State for NI has launched a public consultation on a Bill of Rights for Northern Ireland.

The consultation paper can be found on the Northern Ireland Office website at www.nio.gov.uk/index/public-consultation/documents, or by telephoning 020 7210 6584 or emailing billofrights@nio.x.gsi.gov.uk. The deadline for responses is Monday 1 March 2010.

Up for a laugh?

A young engineer was leaving the office at 3.45 p.m. when he found the Acting CEO standing in front of a shredder with a piece of paper in his hand.

“Listen,” said the Acting CEO, “this is a very sensitive and important document, and my secretary is not here. Can you make this thing work?”

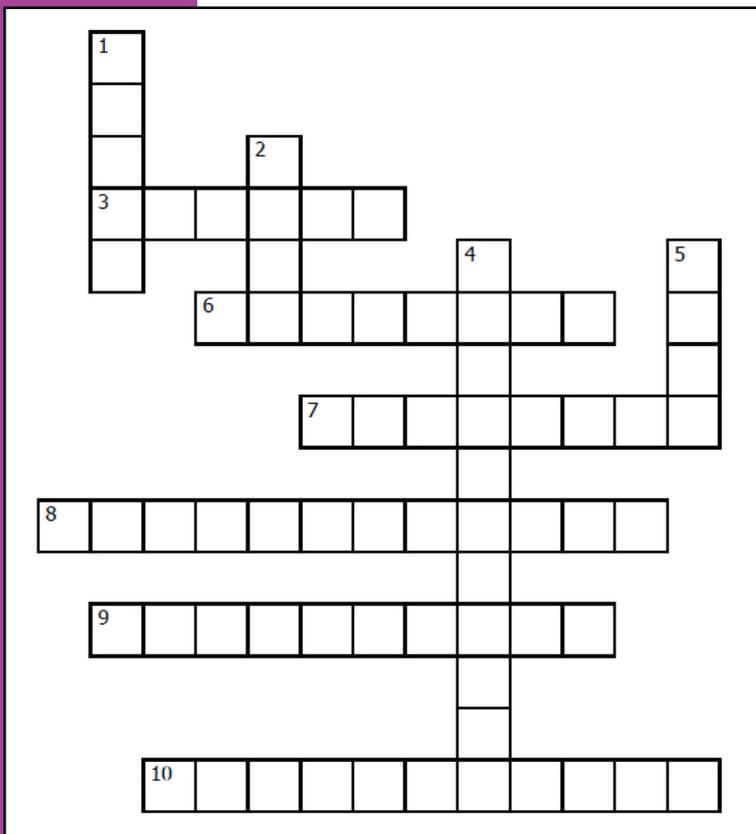
“Certainly,” said the young engineer. He turned the machine on, inserted the paper, and pressed the start button.

“Excellent, excellent!” said the Acting CEO as his paper disappeared inside the machine, “I just need one copy.”

Lesson:

Never, ever assume that your boss knows what he’s doing.

Crossword



DOWN

- 1 Dial a Lift is a door to door transport service for people living in ? areas
- 2 Number of consultation events held regarding Older People’s Commissioner in November 2009
- 4 The new community safety strategy for older people in NI
- 5 Number of partner organisations for the pensioners’ manifesto campaign

ACROSS

- 3 The All Ireland Inspirational Award aims to tackle ?
- 6 The SDLP conference is due to take place in which month of 2010?
- 7 ASP’s ‘Have Your Say’ event took place in which month of 2009?
- 8 Conservative MP who was present at the UUP Conference
- 9 Telephone service provided to ensure callers to your door are genuine
- 10 NIO Minister responsible for community safety

ANSWERS AT BOTTOM
OF PAGE 19

Age Activated Attention Deficit Disorder

I decide to water my garden. As I turn on the hose in the driveway, I look over at my car and decide it needs washing.

As I start toward the shed for the hose pipe etc, I notice letters in the mail box. I decide to go through the mail before I wash the car.

I lay my car keys on the table, put the junk mail in the little recycle bin under the table, and notice that the bin is full so need to take it out to the green recycle box.

So, I decide to put the bills back on the table and take out the rubbish first.

But then I think, since I'm going to be near the mailbox when I take out the rubbish anyway, I may as well pay the bills first.

I take my cheque book off the table, and see that there is only one cheque left. My extra cheques are in my desk in the lounge, so I go inside the house to the desk where I find the can of Coke I'd been drinking.

I'm going to look for my cheque, but first I need to push the coke aside so that I don't accidentally knock it over.

The Coke is getting warm, and I decide to put it in the refrigerator to keep it cold. As I head toward the kitchen with the Coke, a vase of flowers on the counter catches my eye - they need water.

I put the Coke on the counter and discover my reading glasses that I've been searching for all morning. I decide I better put them back on my desk, but first I'm going to water the flowers.

I set the glasses back down on the counter, fill a container with water and suddenly spot the TV remote. Someone left it on the kitchen table.

I realise that tonight when I go to watch TV, I'll be looking for the remote, but I won't remember that it's on the kitchen table, so I decide to put it back in the den where it belongs, but first I'll water the flowers.

I pour some water in the flowers, but quite a bit of it spills on the floor. So, I set the remote back on the table, get some towels and wipe up the spill.

Then, I head down the hall trying to remember what I was planning to do.

At the end of the day: The car isn't washed, the bills aren't paid, there is a warm can of Coke sitting on the counter, the flowers don't have enough water, there is still only one cheque in my cheque book, I can't find the remote, I can't find my glasses, and I don't remember what I did with the car keys.

Then, when I try to figure out why nothing got done today, I'm really baffled because I know I was busy all day, And I'm really tired!

Don't laugh - if this isn't you yet, your day is coming!!

Get Involved

Older People's Advocate Consultative Forum

The Older People's Advocate (OPA) has contacted Age Sector Platform to set up a forum to advise and share information on issues relating to older people. The small team of individual older people will meet three to four times a year.



The OPA is looking for individuals who will reflect diversity in older people including age, geographical location and social, political, and ethnic backgrounds. The OPA has identified the following priority areas:

- Health and Social Care
- Citizenship & Equality
- Poverty
- Community Safety & Isolation
- Transport



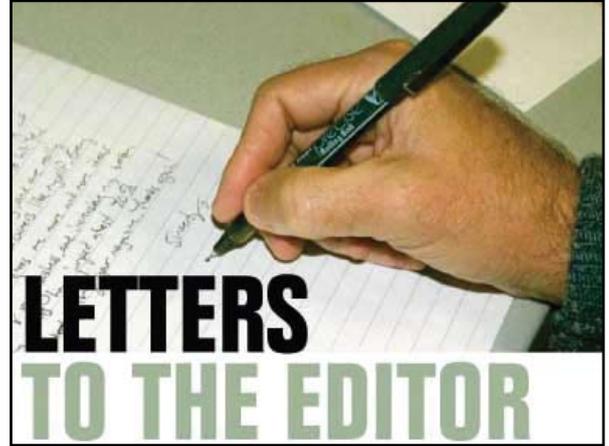
If you are interested in applying to become part of the Consultative Forum, please contact Age Sector Platform by writing to Age Sector Platform, Merrion Business Centre, 58 Howard Street, Belfast, BT1 6PJ, telephoning 028 9031 2089 or emailing info@agesectorplatform.org.

Have something to say?

Have you read something in this edition of *aspire* that has inspired, angered, or pleased you?

Do you have something to say on any of the articles you have read? Maybe you have a view on one of the campaigns featured? If so, let us know!

Age Sector Platform would like to establish a *READERS' CORNER* section of *aspire*, following feedback from the membership, and would therefore encourage you to write to the editor, providing your views, if you feel strongly about any of the issues being raised in the magazine.



The most interesting letters will be published in the next edition of *aspire*, with the best letter being rewarded with some shopping vouchers! Remember to include your name and address!

Write to:

The Editor
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or email alison.mcelhinney@agesectorplatform.org

Crossword answers:
DOWN: 1. Rural 2. Nine 4. SaferAgeing 5. Four
ACROSS: 3. Ageism 6. February 7. November
8. WilliamHague 9. QuickCheck 10. PaulGoggins

Age Sector Platform Members

Age Concern Help the Aged NI
ALLY Foyle
Amicus Retired Members
AT&GWU Retired Members Association
Carers NI
Castlereagh Lifestyle Forum
Chinese Welfare Association
Civil Service Pensioners' Alliance (CSPA)
Communications Workers Union (NI Regional Retired Members)
East Belfast Seniors Forum
Engage with Age
Friendship Federation
GMB Retired Members
Greater Shankill Senior Citizens' Forum
Indian Community Centre 50+ Club
National Federation of Post Offices & BT Pensioners
National Pensioners Convention (NI)
Newry and Mourne Senior Citizens' Consortium
Newtownabbey Senior Citizens' Forum
NIC ICTU Retired Workers Committee
North Belfast Senior Citizens Forum
Northern Ireland Public Service Alliance (NIPSA) Retired Members Association
Older Women's Network NI
Pensioners Actively Lobbying Services (PALS)
Public Commercial Services Union (Associate and Retired Members)
Sperrin and Lakeland Senior Citizens' Consortium
UNISON Retired Members
University of the Third Age (NI)
West Belfast 50+ Forum

If you have any feedback or would like to request additional copies of this newsletter, please get in touch.



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